



# Corona Virus

## Health advisory

Coronavirus is a large family of viruses, which causes illness ranging from common cold to more severe diseases such as Middle East Respiratory Syndrome (MERS) and Severe Acute Respiratory Syndrome (SARS).

**1300** cases  
(~41 deaths) as on  
26 Jan in China

**4** cases  
in Thailand

**1** each in South  
Korea, Japan,  
Taiwan & the US

**More** suspected  
cases in a few other  
countries

### How it spreads:

Most commonly spreads from an infected person to other



The Air by coughing and sneezing.



Rarely, faecal contamination.



Close personal contact, such as touching or shaking hands.



Touching an object or surface with the virus on it, then touching your mouth.

### Severe symptoms

In more severe cases, the infection can cause High fever (100.4F or higher), pneumonia, kidney failure and even Death.

### Common symptoms



Fever



Cough



Breathing difficulties

## How to prevent the spread?



Washing hands regularly.

Thoroughly cooking meat and eggs.



Covering mouth and nose while sneezing.

No unprotected contact with farm and wild animals.



## Control Measures

If the symptoms are mild, stay at home, keep yourself hydrated and take complete rest. Avoid touching your eyes, mouth or nose with unwashed hands. In all cases be they mild or severe, seek medical opinion immediately.

