



WASHING HANDS PROPERLY



Step 1:

Wet hands with safe running water



Step 2:

Apply enough soap to cover wet hands



Step 3:

Scrub all surfaces of the hands – including backs of hands, between fingers and under nails – for at least 20 seconds - (sing the happy birthday song!)



Step 4:

Rinse thoroughly with running water



Step 5:

Dry hands with a clean, dry cloth, single-use towel or hand drier as available