



5 Rules to Teach Children About Wearing Masks



Always ensure that
you can breathe
through your Mask.

Always ensure that your
Mask is **washed**
and **clean**.



Always ensure that the
mask covers your
Mouth and **Nose**.



Always ensure to wear your mask
properly before
going out of your house.



Always use
comfortable cloth masks
and not surgical masks as
they are for Doctors and Nurses.

